Grocery List

bread slices	
bananas	
raisins	
butter	
cinnamon/sugar	
flour	
salt	
pumpkin pie spice	
food coloring	
vegetable oil	
cream of tartar	
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Teddy Bear Toast

Ingredients:

bread slices
bananas
raisins
butter, softened
cinnamon/sugar

Offer child-safe knives, and ask children to help slice bananas into circles. Toast slices of bread, making one for each child. Set out the ingredients, and invite children to create a teddy bear with their toast.

Lightly butter the toast. Sprinkle on cinnamon and sugar. Add one banana slice to each top corner of the toast, creating ears. Add one banana slice to the middle of the toast to serve as the teddy bear's snout. Have children place raisins on the face to represent eyes and a nose. Serve immediately.

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Spicy Playdough

Ingredients:

2 cups flour 1 cup salt 2 cups water

1 T. pumpkin pie spice

food coloring 2 T. vegetable oil 4 tsp. cream of tartar

Combine all the ingredients listed above in a saucepan. Cook on low heat. Stir until the dough pulls away from the sides of the pot. Cover and cool.

Add the playdough to your sensory center. Offer pie tins, rolling pins, plastic forks, turkey and pumpkin-shaped cookie cutters, etc.



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